

|           | Breakfast | Kids Breakfast | Lunch | Kids Lunch           | Dinner              | Snacks          |
|-----------|-----------|----------------|-------|----------------------|---------------------|-----------------|
| Monday    |           | EGGS AND TOAST |       | SOMETHING NEW        | LEFTOVERS           | Mom/Dad snacks: |
| Tuesday   |           | OATS           |       | BEAN/LENTIL & GRAIN  | TACO TUESDAY        | Snacks for      |
| Wednesday |           | WAFFLES        |       | LEFTOVERS            | VEGGIES MOST        |                 |
| Thursday  |           | OATS           |       | PASTA BASED          | LEFTOVERS/BREAKFAST |                 |
| Friday    |           | FRENCH TOAST   |       | ANYTHING GOES        | FISH                | - <u>kids:</u>  |
| Saturday  |           | PANCAKES       |       | SANDWICH<br>SATURDAY | ANYTHING GOES       |                 |
| Sunday    |           | ANYTHING GOES  |       | SCRAP LUNCH          | SOUP/LARGE MEAL     |                 |